

Week 2- Storms, Spiders, and Scary Movies

BOTTOM LINE: Trust God with your fears.

OBJECTIVE: Kids will identify one way they can remind themselves to trust God when they're scared.

KEY PASSAGE: Luke 8:22-25, Jesus calms a storm.

MEMORY VERSE: "[Jesus] said, 'I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life.'" John 8:12b (NIV)

SUMMARY: When we're in the middle of a scary situation, it helps to remember that Jesus also had scary times in his life. However, since he trusted God, he wasn't afraid! Jesus knew that God's sunlight always returns after life's storms.

Lesson

INTRO: Do you have any idea how many different things people are afraid of? You might be shocked to learn that there is a fear of just about everything. Doctors have spent years studying and classifying all sorts of fears, and they have a name for just about each one. Here are just a few to show you what I mean:



*Optional/ replacement-*You could also watch this video:

<https://youtu.be/qEW4RSsqcOI>

(For this part of the lesson, you may want to read the phobia name and see if the kids can guess what it is)

Arachnophobia: The fear of spiders

Astraphobia: The fear of thunder and lightning

Nyctophobia: Fear of the dark

I think we can all agree these are somewhat reasonable fears, especially for kids. But do you want to know some of the stranger phobias?

Check these out: Xanthophobia: Fear of the color yellow

Triskaidekaphobia: Fear of the number 13

Coulrophobia: Fear of clowns

Omphalophobia: Fear of belly buttons (navels)

Nomophobia: The fear of being without mobile phone coverage.

There are many things that scare us in this world, from thunderstorms to spiders, to scary movies, but we have a Savior who is bigger and tougher than any fear you will ever have. Jesus is the Son of God, and there's no scary situation too frightening for him!

READ LUKE 8:22-25

This is a great story to act out or add sound effects for a second read through.

MAIN POINT: Some fears in this world are really petty and small, but the fear the disciples had during this storm was very real and very scary. They were too far from the shore to swim to safety. They didn't have the life vests or safety equipment that we have now. It wasn't uncommon for boats like theirs to capsize and sink, and it's likely that they had all known of some friends or fellow fishermen who had died in storms. But look where they find Jesus, and look what Jesus is doing when they find him.

He is not screaming and crying. He's not crying out to God. He is asleep. Jesus slept because he didn't fear the storm. He is God's son, and there's no storm bigger than that! Jesus calmed the storm, demonstrating to the disciples and to us that we have nothing to fear. We can give our fears to Jesus, and he will always calm the storm.

DRIVE IT HOME: What's the biggest fear you have in your life? If it's spiders and dark rooms, let God help you overcome those fears. Maybe there is something at home that is scary to you, or something at school. God can handle those fears as well. He can comfort you, and he can send people who can help you handle your fears now, and as you get older.

Today's scripture reminds us just how powerful Jesus is. He spoke, and the storm stopped. He didn't move mountains or even send a sign from Heaven. He said, "Stop," and the storm stopped.

Some fears aren't ended as quickly as that storm. Some fears linger for days, months, or even years. But every storm has an ending, and so will every fear that we face.

When we find ourselves in those scary situations, we can trust Jesus to calm our fears. We can pray, "Dear Jesus, please be with me," and he will come. Just as Jesus was in the boat with his disciples, he will stay by us through the bad times and still be there when the sun comes out again.

God doesn't want us to be frozen by fear. God wants us to trust Jesus. Jesus is bigger than anything that scares you, and when you give your fears to Jesus, there will be sunlight after the storm.

3rd-5th Grade DISCUSSION QUESTIONS:

Where was Jesus when the storm hit the boat?

Why wasn't Jesus afraid of the storm?

Is there any fear too big for Jesus to handle?

Has Jesus ever helped you to not be afraid?

When we feel afraid, what can we do to remind ourselves that we need to give our fears to God?

Pre-K- 2nd Grade DISCUSSION QUESTIONS:

What happened when the disciples went out in the boat?

Where was Jesus when the storm hit?

What did Jesus do when the disciples woke him up?

Is there any fear too big for Jesus to handle?

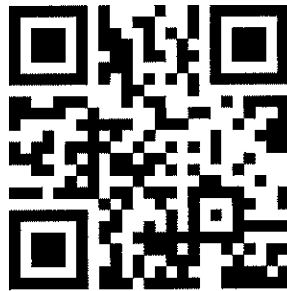
When we feel afraid, what can we do to remind ourselves that we need to give our fears to God?

Prayer Time

As a family take time to pray for things you are scared of. Remind your children that we are going to give our fears to God. Write prayer requests and praises and continue to pray for them through the week.

Activities

1. Scary story telling- Start a "scary" story for your group. "Once upon a time, there was an old dark house, and in that old dark house, there lived a..." Pass the story to the kid next to you. Let each child add a few sentences and then pass it on. Have fun creating your own spooky story and see where it goes. Let the kids have fun with this but if it gets too intense, redirect the group. At the end say "Did we mention anything that's too big or scary for Jesus to help us with?"
2. Boat Building STEM project (included in packet)
3. Silly Spider drawing- grab a dice from a game and take turns rolling to draw your silly spiders (directions included in packet)
4. Snack- use your favorite snack foods to create a spider snack. Don't forget to take pictures!
5. Complete a fun glow in the dark project, check out Laura's Pinterest board!



<https://pin.it/5qecAPH>

6. Check out RightNow Media for videos supporting this week's lesson.

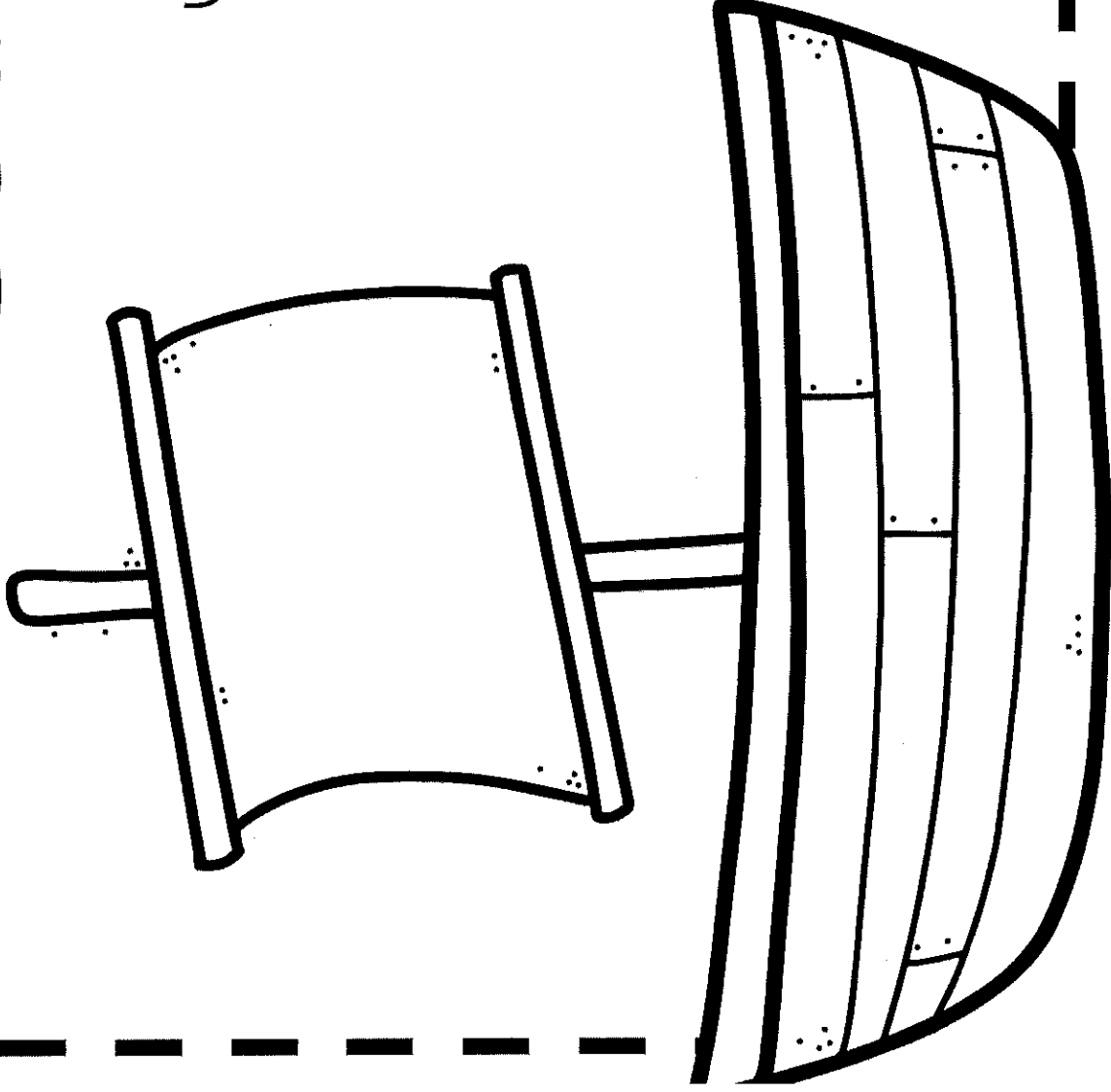
Memory Verse

Read the memory verse as a family. Practice saying this as a family, find ways to make it fun. Look for ideas on the next page and the Pinterest board.

Idea for this week: Write the verse on a piece of paper, cut out the words. Scatter the word face up in on a flat surface. Give each child a glow in the draw sticky cross (keep the lights on). Taking turns have each child try to pick up the correct word with their stick cross. As the words are correctly picked up, place them in order to be read at the end. Added challenge: throw in some extra words.

For younger children who cannot read- read the verse to them and then have them repeat the verse to you. For the first week have then repeat every one or 2 words, then progressively give them bigger chunks of 3-5 words.

'BIBLE STORY STEM CHALLENGE:' BOAT

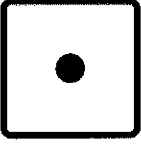




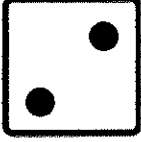
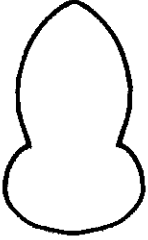

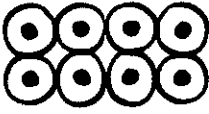


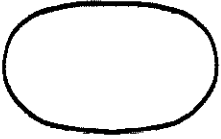














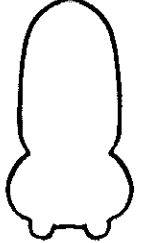





Design and build a boat using a large cereal box, a skewer, a piece of construction paper, some cling wrap, two long pieces of sponge, some tape, a glue gun, and some glue sticks. The boat must float on water.

SILLY SPIDERS

Roll the dice to see what type of body, legs, eyes and mouth to draw for your spider. There are lots of combinations so have fun drawing lots of silly spiders!

1ST ROLL - BODY 2ND ROLL - LEGS 3RD ROLL - EYES 4TH ROLL - MOUTH

MAKE IT STICK

5 Simple Ways You Can Make This Lesson Stick With Your Kids

THIS WEEK'S LESSON: STORMS, SPIDERS, AND SCARY MOVIES



IN THE CAR:

Ask your child what they learned about this week on the drive home:

When we're in the middle of a scary situation, it helps to remember that Jesus also had scary times in his life. However, since he trusted God, he wasn't afraid! Jesus knew that God's sunlight always returns after life's storms. Luke 8:22-25, Jesus calms a storm.



HANGING OUT:

Make this week's lesson real:

Next time there's a storm, sit and watch it out the window with your kids. Ask how they think the disciples felt when they saw Jesus calm a storm.



AT DINNER:

Here are some great discussion starters:

- Why were the disciples so afraid of the storm?
- How did Jesus calm the storm?
- How can Jesus calm our fears?



AT BEDTIME:

Quiz your child on this week's memory verse:

"[Jesus] said, 'I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life.'" John 8:12b (NIV)



PARENT TIME:

What you need to know:

Kids have fears. So do adults. Some fears are small, and some are big. Whatever fears you have, give them to Jesus. Pray with your kids for courage, and trust God to help all of you through your fears.